



# June 2018

## MEMORY CARE LIFE ENRICHMENT CALENDAR

*"In these divine pleasures permitted to me of walk in the June night under moon and stars, I can put my life as a fact before me and stand aloof from its honor and shame." ~ Ralph Waldo Emerson*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><b>All Activities are Subject to Change</b></p>				<p><b>1 Good Morning Donuts</b> 9:15 Let's Move <b>10:00 Donut Social</b> <b>10:45 Bowling</b> 1:15 Art Studio <b>2:15 Ice Cream Social</b> 3:00 Bingo 4:00 Do You Remember? <b>Willow: Trivia</b> <b>Sequoia: Book Club</b></p>	<p><b>2</b> 9:15 Let's Move 10:00 Munch Brunch 10:30 Riddle Me That <b>1:15 Hot Air Balloon Craft</b> <b>1:30 Pampering Spa</b> 2:15 Goodie Snack 3:00 Bingo <b>Willow: Trivia</b> <b>Sequoia: Aerobics</b></p>
<p><b>3</b> 9:15 Spiritual Melodies <b>9:30 Church Service</b> 10:00 Munch Brunch 10:45 Guess The Word 1:15 Let's Move 2:30 Goodie Snack 3:10 Bingo <b>Willow: Evening Book Club</b> <b>Sequoia: Evening Manicures</b></p>	<p><b>4</b> 9:15 Let's Move <b>10:00 Scenic Drive</b> 10:15 Munch Brunch <b>10:45 Bowling</b> 1:15 Joyful Songs 2:30 Goodie Snack 3:10 Bingo <b>Willow: Evening Bowling</b> <b>Sequoia: Stretches</b></p>	<p><b>5</b> 9:00 Let's Move <b>9:30 Pampering Spa</b> 10:00 Munch Brunch 10:30 Name That Tune 1:15 Art Studio <b>2:30 Birthday Celebration w/ J.T &amp; Sarah</b> <b>Willow: Manicures</b> <b>Sequoia: Book Club</b></p>	<p><b>6</b> <b>9:15 Kitchen Creation</b> 10:00 Munch Brunch 10:45 True or False <b>1:30 Pet Therapy</b> 2:15 Goodie Snack 3:00 Bingo <b>Willow: Trivia Ball</b> <b>Sequoia: Stretches</b></p>	<p><b>7</b> <b>9:15 Good Moring Bingo</b> 9:45 Munch Brunch 10:30 Who Could This Be? <b>1:30 Pet Therapy</b> 2:00 Afternoon Stretch <b>2:45 Fruit Stand</b> <b>3:15 Double Bingo</b> <b>Willow: Manicures</b> <b>Sequoia: Spa Time</b></p>	<p><b>8</b> 9:15 Let's Move 10:00 Munch Brunch <b>10:45 Bowling</b> 1:15 Art Studio <b>2:15 Ice Cream Social</b> 3:00 Bingo 4:00 Do You Remember? <b>Willow: Trivia</b> <b>Sequoia: Book Club</b></p>	<p><b>9 Happy Birthday Roberta S.</b> 9:15 Let's Move 10:00 Munch Brunch 10:30 Riddle Me That 1:15 Movie Social <b>1:30 Pampering Spa</b> 2:15 Goodie Snack 3:00 Bingo <b>Willow: Trivia</b> <b>Sequoia: Aerobics</b></p>
<p><b>10</b> 9:15 Spiritual Melodies <b>9:30 Church Service</b> 10:00 Munch Brunch 10:45 Guess The Word 1:15 Let's Move 2:30 Goodie Snack 3:10 Bingo <b>Willow: Evening Book Club</b> <b>Sequoia: Evening Manicures</b></p>	<p><b>11</b> 9:15 Let's Move <b>10:00 Scenic Drive</b> 10:15 Munch Brunch <b>10:45 Bowling</b> 1:15 Trivia <b>2:00 Pineapple Passion Tea Social</b> 3:10 Bingo <b>Willow: Evening Bowling</b> <b>Sequoia: Stretches</b></p>	<p><b>12</b> 9:15 Let's Move 10:00 Munch Brunch 10:30 Name That Tune <b>Town Square Lunch, Me-n-eds</b> 1:15 Art Studio <b>2:30 Happy Hour w/ Susie Spadier</b> <b>Willow: Evening Manicures</b> <b>Sequoia: Evening Book Club</b></p>	<p><b>13</b> <b>9:15 Kitchen Creation</b> 10:00 Munch Brunch <b>10:30 Morning Stroll</b> <b>10:45 Bowling</b> <b>1:30 Pet Therapy</b> 2:15 Goodie Snack 3:00 Bingo <b>Willow: Trivia Ball</b> <b>Sequoia: Stretches</b></p>	<p><b>14 Flag Day</b> <b>9:15 Good Moring Bingo</b> 10:00 Munch Brunch 10:45 Who Could This Be? <b>1:30 Pet Therapy</b> 2:00 Afternoon Stretch <b>2:45 Fruit Stand</b> <b>3:15 Double Bingo</b> <b>Willow: Manicures</b> <b>Sequoia: Spa Time</b></p>	<p><b>15</b> 9:15 Let's Move 10:00 Munch Brunch <b>10:45 Bowling</b> 1:15 Art Studio <b>2:15 Ice Cream Social</b> 3:00 Bingo 4:00 Do You Remember? <b>Willow: Trivia</b> <b>Sequoia: Book Club</b></p>	<p><b>16</b> 9:15 Let's Move 10:00 Munch Brunch 10:30 Riddle Me That 1:15 Movie Social <b>1:30 Pampering Spa</b> 2:15 Goodie Snack 3:00 Bingo <b>Willow: Trivia</b> <b>Sequoia: Aerobics</b></p>
<p><b>17 Happy Father's Day</b> 9:15 Spiritual Melodies <b>9:30 Church Service</b> 10:00 Munch Brunch <b>10:30 Dad's Bow Tie Craft</b> 1:15 Let's Move <b>2:30 Root Beer Floats</b> 3:10 Bingo <b>Willow: Evening Book Club</b> <b>Sequoia: Evening Manicures</b></p>	<p><b>18</b> 9:15 Let's Move <b>10:00 Scenic Drive</b> 10:15 Munch Brunch <b>10:45 Bowling</b> 1:15 Joyful Songs 2:30 Goodie Snack 3:10 Bingo <b>Willow: Evening Bowling</b> <b>Sequoia: Stretches</b></p>	<p><b>19</b> 9:00 Let's Move <b>9:30 Pampering Spa</b> 10:00 Munch Brunch 10:30 Name That Tune 1:15 Art Studio <b>2:30 Happy Hour w/ Susie Spadier</b> <b>Willow: Evening Manicures</b> <b>Sequoia: Evening Book Club</b></p>	<p><b>20</b> <b>9:15 Kitchen Creation</b> 10:00 Munch Brunch 10:45 True or False 1:30 Let's Move 2:15 Goodie Snack 3:00 Bingo <b>Willow: Trivia Ball</b> <b>Sequoia: Stretches</b></p>	<p><b>21 First Day of Summer</b> <b>9:15 Good Moring Bingo</b> 10:00 Munch Brunch <b>10:45 Beach Paintings</b> <b>1:15 Resident Forum</b> 2:00 Afternoon Stretch <b>2:45 Fruit Stand</b> <b>3:15 Double Bingo</b> <b>Willow: Manicures</b> <b>Sequoia: Spa Time</b></p>	<p><b>22</b> 9:15 Let's Move 10:00 Munch Brunch <b>10:45 Bowling</b> 1:15 Art Studio <b>2:15 Ice Cream Social</b> 3:00 Bingo 4:00 Do You Remember? <b>Willow: Trivia</b> <b>Sequoia: Book Club</b></p>	<p><b>23</b> 9:15 Let's Move 10:00 Munch Brunch 10:30 Riddle Me That 1:15 Movie Social <b>1:30 Pampering Spa</b> 2:15 Goodie Snack 3:00 Bingo <b>Willow: Trivia</b> <b>Sequoia: Aerobics</b></p>
<p><b>24</b> 9:15 Spiritual Melodies <b>9:30 Church Service</b> 10:00 Munch Brunch 10:45 Guess The Word 1:15 Let's Move 2:30 Goodie Snack 3:10 Bingo <b>Willow: Evening Book Club</b> <b>Sequoia: Evening Manicures</b></p>	<p><b>25 Happy Birthday Max M.</b> 9:15 Let's Move 10:00 Munch Brunch <b>10:45 Bowling</b> 1:15 Joyful Songs 2:30 Goodie Snack 3:10 Bingo <b>Willow: Evening Bowling</b> <b>Sequoia: Stretches</b></p>	<p><b>26</b> 9:15 Let's Move 10:00 Munch Brunch 10:30 Name That Tune <b>Town Square Lunch, In &amp; Out</b> 1:15 Art Studio <b>2:30 Happy Hour w/ Jan Bevil</b> <b>Willow: Evening Manicures</b> <b>Sequoia: Evening Book Club</b></p>	<p><b>27 Happy Birthday Liz F.</b> <b>9:15 Kitchen Creation</b> 10:00 Munch Brunch <b>10:30 Morning Stroll</b> <b>10:45 Bowling</b> <b>1:30 Pet Therapy</b> 2:15 Goodie Snack 3:00 Bingo <b>Willow: Trivia Ball</b> <b>Sequoia: Stretches</b></p>	<p><b>28</b> 9:00 Pictionary 9:45 Munch Brunch <b>10:30 Spiritual Harmony</b> <b>1:30 Pet Therapy</b> 2:00 Afternoon Stretch <b>2:45 Fruit Stand</b> <b>3:15 Double Bingo</b> <b>Willow: Manicures</b> <b>Sequoia: Spa Time</b></p>	<p><b>29</b> 9:15 Let's Move 10:00 Munch Brunch <b>10:45 Bowling</b> 1:15 Art Studio <b>2:15 Ice Cream Social</b> 3:00 Bingo 4:00 Do You Remember? <b>Willow: Trivia</b> <b>Sequoia: Book Club</b></p>	<p><b>30</b> 9:15 Let's Move 10:00 Munch Brunch 10:30 Riddle Me That 1:15 Movie Social <b>1:30 Pampering Spa</b> 2:15 Goodie Snack 3:00 Bingo <b>Willow: Trivia</b> <b>Sequoia: Aerobics</b></p>

Cottonwood Court would like to wish  
our residents a Happy Birthday!



Roberta S. — June. 9  
Max M. — June. 25  
Elizabeth F. — June. 27

*Our May Memories At Cottonwood Court*



*Alzheimer Support Group*

June 27, 2018 Wednesday 6:00 p.m.  
Namaste Room  
Memory Care Building



# June 2018

*This Month*

- Sunday**  
Church Service
- Monday**  
Scenic Drive  
Bowling
- Tuesday**  
Pampering Spa  
Name That Tune  
Happy Hour
- Wednesday**  
Kitchen Creations  
Morning Stroll  
Pet Therapy
- Thursday**  
Double Bingo  
Pet Therapy  
Spiritual Harmony  
Fruit Stand
- Friday**  
Bowling  
Ice Cream Social
- Saturday**  
Movie Social  
Pampering Spa

*Special Events*

- June 1**  
Donuts Social  
Ice Cream Social
- June 2**  
Hot Air Balloon Craft
- June 5**  
Birthday Celebration
- June 11**  
Pineapple Passion Tea Social
- June 12**  
Town Square Lunch, Me-n-Eds
- June 17**  
Dad's Bow Tie Craft  
Root Beer Floats
- June 21**  
Beach Paintings  
Resident Forum
- June 26**  
Town Square Lunch, In & Out

**Cottonwood Court Senior Living**

**7468 N Millbrook Ave., Fresno, 93720  
(559) 446-1266**