

Courtyard Café- C Lobby-L Art Studio-AS
 Fitness Center—FC Veterans Hall-VH Courtyard-CY
 Bingo Hall—BH Dining Room—DR Library—LB
 Mountain View—MV Sunroom—SR

MARCH 2018

Assisted Living Life Enrichment Calendar



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|--|--|---|
| | | | | 1 Morning Donuts 10:00 Fitness Class—FC 10:45 Riddle Me That—L 1:30 Name That Tune—L 2:00 Pet Therapy—L 3:00 Happy Hour w/ Dan Cabral—L | 2 10:00 Fitness Class—FC <u>10:45 Yosemite Fall Café Lunch Outing</u> 1:30 Movie Social—L 2:00 Bingo—BH 3:15 Cottonwood's Ice Cream Parlor—L 4:00 What Could It Be?—L | 3 10:00 Fitness Class—FC 10:45 Name That Tune—L 1:00 Wii Bowling—L 1:30 Saturday Matinee—L 2:00 Dime Bingo —BH |
| 4 9:00 Hymns & Worship—MV 9:15 Inspirational Stories—L 9:30 Catholic Communion—SR 10:00 What Could It Be?—L 1:30 Artistic Crafts—L 2:30 Sunday Matinee—L | 5 9:30 Jewelry Making —AS 10:00 Fitness Class—FC 10:30 Riddle Me That—L 1:30 Armchair Travel—L 2:30 Golf Swings—VH 3:00 Bingo—BH | 6 Happy Birthday Mae G. 10:00 Fitness Class—FC 10:45 Penny Auction—L 1:30 Knotty Krafters—L 2:00 Bingo—BH 2:30 Movie Social—L 3:00 Men's Club —VH 3:15 Card Club—C 3:30 Manicures —SR | 7 9:30 Floral Centerpieces—AS 10:00 Fitness Class—FC 10:45 Shopping At Rite Aid—L 1:00 Wii Bowling—L 1:30 Artistic Crafts—AS 2:00 Resident Council—MV 3:00 Dime Game Bingo —BH | 8 10:00 Fitness Class—FC 10:45 Learning Sign Language—L 1:00 Spiritual Studies —LB 1:30 Name That Tune—L 2:00 Pet Therapy-L 3:00 Happy Hour w/ Rich Jackson—L | 9 10:00 Fitness Class—FC <u>10:45 Phoenician Garden Lunch Outing</u> 1:30 Movie Social—L 2:00 Bingo—BH 3:15 Cottonwood's Ice Cream Parlor—L 4:00 Afternoon Stretches—L | 10 10:00 Fitness Class—L 10:45 Name That Tune—L 1:00 Wii Bowling—L 1:30 Saturday Matinee—L 2:00 Dime Bingo —BH <u>3:45 St. Patrick Celebration w/ Live Celtic Dancers</u> |
| 11 Daylight Saving Begins 9:00 Hymns & Worship—MV 9:15 Inspirational Stories—L 9:30 Catholic Communion—SR 10:00 What Could It Be?—L 1:30 Artistic Crafts—L 2:30 Sunday Matinee—L | 12 Happy Birthday Jean G. 9:30 Scrap Booking—AS 10:00 Fitness Class—FC 10:45 Riddle Me That—L 1:30 Armchair Travel—L 2:15 Ladies Hat Chat —SR 3:00 Bingo—BH | 13 10:00 Fitness Class—FC 10:45 Name That Tune—L 1:30 Knotty Krafters—L 2:00 Bingo—BH 2:30 Movie Social—L 3:15 Card Club—C 3:30 Manicures—SR 3:45 Technology Class 101—AS | 14 Happy Birthday Shirley M. 9:30 Photography 101—AS 10:00 Fitness Class—FC 10:45 Name That Tune—L 1:00 Wii Bowling—L 1:30 Artistic Crafts—AS 2:00 Dining Forum—MV 3:00 Dime Game Bingo —BH | 15 10:00 Fitness Class—FC 10:45 Kitchen Creations—C 1:30 Name That Tune—L 2:00 Pet Therapy—L 3:00 Happy Hour w/ J.T & Sarah—L | 16 Happy Birthday Larry J. 10:00 Fitness Class—FC <u>10:45 Shopping at Dollar Tree/ CVS</u> 1:30 Movie Social—L 2:00 Bingo—BH 3:15 Cottonwood's Ice Cream Parlor—L 4:00 What Could It Be?—L | 17 St. Patrick's Day <u>9:30 St. Patrick's Creations—C</u> 10:30 Fitness Class—FC 10:45 Name That Tune—L 1:00 Wii Bowling—L <u>1:30 St. Patrick's Matinee Social—L</u> 2:00 Dime Bingo —BH |
| 18 9:00 Hymns & Worship—MV 9:15 Inspirational Stories—L 9:30 Catholic Communion—SR 10:00 What Could It Be?—L 1:30 Artistic Crafts—L 2:30 Sunday Matinee—L | 19 9:30 Jewelry Making—AS 10:00 Fitness Class—FC 10:30 Riddle Me That—L 10:45 Men's Lunch Outing 1:30 Armchair Travel—L 2:30 Golf Swings—VH 3:00 Bingo—BH | 20 10:00 Fitness Class—FC 10:45 Penny Auction—L 1:30 Knotty Krafters—L 2:00 Bingo—BH 2:30 Movie Social—L 3:15 Card Club—C 3:30 Manicures—SR | 21 9:30 Filling Easter Eggs —AS 10:00 Fitness Class—FC 10:45 Name That Tune—L 1:00 Wii Bowling—L 1:30 Artistic Crafts—AS 2:00 Family Forum—L 3:00 Dime Game Bingo —BH | 22 10:00 Fitness Class—FC 10:45 Learning Sign Language—L 1:00 Spiritual Studies —LB 1:30 Name That Tune—L 3:00 Happy Hour w/ Susie Spadiar—L | 23 10:00 Fitness Class—FC <u>10:45 Olive Garden Lunch Outing</u> 1:30 Movie Social—L 2:00 Bingo—BH 3:15 Cottonwood's Ice Cream Parlor—L 4:00 Afternoon Stretches—L | 24 10:00 Fitness Class—FC 10:45 Name That Tune—L 1:00 Wii Bowling—L 1:30 Saturday Matinee—L 2:00 Dime Bingo —BH |
| 25 Palm Sunday 9:00 Hymns & Worship—MV 9:15 Inspirational Stories—L 9:30 Catholic Communion—SR 10:00 What Could It Be?—L 1:30 Artistic Crafts—L 2:30 Sunday Matinee—L | 26 9:30 Scrap Booking—AS 10:00 Fitness Class—FC 10:45 Riddle Me That—L 1:30 Armchair Travel—L 2:15 Ladies Tea Chat —SR 3:00 Bingo—BH | 27 10:00 Fitness Class—FC 10:45 Name That Tune—L 1:30 Knotty Krafters—L 2:00 Bingo—BH 2:30 Movie Social—L 3:15 Card Club—C 3:30 Manicures—SR 3:45 Technology Class 101—AS | 28 Happy Birthday Arlene C. 9:30 Photography 101—AS 10:00 Fitness Class—FC 10:45 Name That Tune—L 1:00 Wii Bowling —L 1:30 Book Club—LB 3:00 Dime Game Bingo —BH | 29 10:00 Fitness Class—FC 10:45 Kitchen Creations—C 1:30 Name That Tune—L 2:00 Pet Therapy—L 3:00 Happy Hour w/ Richie Blue—L | 30 Good Friday 10:00 Fitness Class—FC <u>10:45 West Woods Lunch Outing</u> 1:30 Bingo—BH <u>3:00 Easter Egg Hunt</u> | 31 Happy Birthday Stanley N. <u>11:30 Easter Day Brunch</u> 1:30 Saturday Matinee—L 2:00 Dime Bingo —BH |

March 2018

Cottonwood Court
 would like to wish our residents a
 Very Happy Birthday!



Mae G. — March 6
Jean G.—March 12
Shirley M.—March 14
Larry J.—March 16
Arlene C.—March 28
Joyce B.—March 30
Stanley N.—March 31



Events & Outings

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| <p><u>March 1</u> Morning Donuts</p> <p><u>March 2</u> Yosemite Fall Café Lunch Outing</p> <p><u>March 7</u> Shopping At Rite Aid Resident Council</p> <p><u>March 9</u> Phoenician Garden Lunch Outing</p> <p><u>March 10</u> St. Patrick's Celebration w/ Live Celtic Dancers</p> <p><u>March 14</u> Dining Forum</p> <p><u>March 16</u> Shopping at Dollar Tree/ CVS</p> <p><u>March 17</u> St. Patrick's Creations St. Patrick's Matinee Social</p> <p><u>March 19</u> Men's Lunch Outing</p> <p><u>March 21</u> Filling Easter Eggs Family Forum</p> <p><u>March 23</u> Olive Garden Lunch Outing</p> | <p><u>March 30</u> West Wood Lunch Outing Easter Egg Hunt</p> <p><u>March 31</u> Easter Brunch</p> <p><u>This Month</u></p> <p><u>Monday</u> Scrap Booking / Jewelry Making Armchair Travel Golf Swings</p> <p><u>Tuesday</u> Penny Auction — 1st & 3rd Movie Social Knotty Krafters Technology Class 101— 2nd & 4th</p> <p><u>Wednesday</u> Photography 101— 2nd & 4th Wii Bowling Dime Game Bingo</p> <p><u>Thursday</u> Kitchen Creations Learning Sign Language Pet Therapy Happy Hour Spiritual Studies —2nd & 4th</p> <p><u>Friday</u> Lunch Outings Cottonwood's Ice Cream Parlor</p> |
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January Winner for the
 \$25 Gift Card to Rite Aid Flora S.
 Club Life drawing Winner Henry T.
 \$100 Gift Card to Casa Corona

This month you could be the lucky winner!

All you need to do is join an activity, for every activity you participate in, your name is entered into the drawing for a \$100 gift card.

Attend Cottonwood's Family Forum meeting and you are automatically entered to win a \$25 gift card.

The next drawing will be held on February 21st in the Lobby at 2:00pm.

Please Join us.

Cottonwood Court Senior Living
 7442 N Millbrook Ave, Fresno, CA 93720