

Courtyard Café- C Lobby-L Art Studio-AS
 Fitness Center—FC Veterans Hall-VH Courtyard-CY
 Bingo Hall—BH Dining Room—DR Library—LB
 Mountain View—MV Sunroom—SR

JANUARY 2018

Assisted Living Life Enrichment Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 New Year's Day <i>Donut Social</i> <u>10:00 Fitness Class—L</u> 10:30 Trivia—L 1:30 New Year Social —L 2:00 Bingo-BH	2 National Hero's Day <u>10:00 Fitness Class—FC</u> 10:45 Trivia—L 1:30 Knotty Krafters—L 2:00 Bingo—BH 3:00 Card Club—C 3:30 Brain Teasers—L 5:30 Movie Social—L	3 9:00 Manicures—SR <u>10:00 Fitness Class—FC</u> 10:30 Shopping At Rite Aid—L 1:00 Wii Bowling—L 2:00 Resident Council—MV 3:00 Dime Game Bingo—BH 4:15 Fun Facts—L	4 National Trivia Day <u>10:00 Fitness Class—FC</u> 10:30 Craft Class—AS 1:30 Dessert Creations—C 2:00 Pet Therapy—L 3:00 Happy Hour w/Rich Jackson—L 5:30 Movie Social—L	5 <u>10:00 Fitness Class—FC</u> <u>10:30 Chili's Lunch Outing</u> 1:00 Bible Study—LB 2:00 Bingo—BH 3:15 Cottonwood's Ice Cream Parlor—L 4:00 This Week in History—L	6 10:00 Coffee and News—L <u>10:30 Fitness Class—L</u> 1:00 Wii Bowling—L 1:30 Saturday Matinee —L 2:00 Bingo—BH
7 9:00 Hymns- MV 9:30 Worship—MV 9:30 Catholic Communion—SR <u>10:30 Fitness Class—FC</u> 11:00 Craft—AS 1:30 Sunday Matinee—L 2:00 Bingo—BH	8. Law Enforcement Appreciation Day 9:00 Manicures—SR <u>10:00 Fitness Class—FC</u> 10:45 Armchair Travel—L 1:00 Thank you Cards to Law Enforcement —AS 2:00 Walking Club—L 3:00 Bingo-BH	9 <u>10:00 Fitness Class—FC</u> 10:45 Penny Auction—L 1:30 Knotty Krafters—L 2:00 Bingo—BH 3:00 Card Club—C 3:30 Brain Teasers—L 5:30 Movie Social—L	10 9:00 Manicures—SR <u>10:00 Fitness Class—FC</u> 10:30 Ladies Hat Chat—SR 1:00 Wii Bowling—L 2:00 Dining Forum—MV 3:00 Dime Game Bingo—BH 4:15 Fun Facts—L	11 Happy Birthday Lois H. <u>10:00 Fitness Class—FC</u> 10:30 This Week in History—L 1:30 Dessert Creations—C 2:00 Pet Therapy—L 3:00 Happy Hour w/ J.T & Sarah—L 5:30 Movie Social —L	12 <u>10:00 Fitness Class—FC</u> <u>10:30 Red Robin Lunch Outing</u> 2:00 Bingo—BH 3:15 Cottonwood's Ice Cream Parlor —L <u>3:45 Men's Club—VH</u>	13 10:00 Coffee and News—L <u>10:30 Fitness Class—L</u> 1:00 Wii Bowling—L 1:30 Saturday Matinee—L 2:00 Bingo—BH
14 Happy Birthday Jean H 9:00 Hymns- MV 9:30 Worship—MV 9:30 Catholic Communion—SR <u>10:30 Fitness Class—FC</u> 11:00 Craft—AS 1:30 Sunday Matinee—L 2:00 Bingo—BH	15 National Hat Day 9:00 Manicures—SR <u>10:00 Fitness Class—FC</u> 10:45 Armchair Travel—L 1:00 Hat Craft and Contest—L 1:30 Art Class—AS 2:00 Walking Club—L 3:00 Bingo-BH	16 <u>10:00 Fitness Class—FC</u> 10:45 Trivia—L 1:30 Knotty Krafters—L 2:00 Bingo—BH 3:00 Card Club—C 3:30 Brain Teasers—L 5:30 Movie Social—L	17 9:00 Manicures—SR <u>10:00 Fitness Class—FC</u> 10:30 Trivia—L 1:00 Wii Bowling—L 2:00 Family Forum—L 3:00 Dime Game Bingo—BH 4:15 Fun Facts—L	18 <u>10:00 Fitness Class—FC</u> 10:30 Craft Class—AS 11:00 Cottonwood Court Meet and Greet the Team—L 1:30 Dessert Creations—C 2:00 Pet Therapy—L 3:00 Happy Hour w/Susie Spadier —L 5:30 Movie Social—L	19 Happy Birthday Flora M. National Popcorn Day <u>10:00 Fitness Class—FC</u> <u>10:30 Shopping at Dollar Tree/ CVS</u> 1:00 Bible Study—LB 2:00 Bingo-BH 3:15 Cottonwood's Ice Cream Parlor—L 4:00 This Week in History—L	20 10:00 Coffee and News —L <u>10:30 Fitness Class—L</u> 1:00 Wii Bowling—L 1:30 Saturday Matinee—L 2:00 Bingo —BH
21 Happy Birthday Herman S. 9:00 Hymns- MV 9:30 Worship—MV 9:30 Catholic Communion—SR <u>10:30 Fitness Class—FC</u> 11:00 Craft—AS 1:30 Sunday Matinee—L 2:00 Bingo—BH	22 9:00 Manicures—SR <u>10:00 Fitness Class—FC</u> 10:45 Armchair Travel—L 1:00 Trivia—L 1:30 Art Class—AS 2:00 Walking Club—L 3:00 Bingo-BH	23 <u>10:00 Fitness Class—FC</u> 10:45 Penny Auction—L 1:30 Knotty Krafters-L 2:00 Bingo —BH 3:00 Card Club—C 3:30 Brain Teasers—L 5:30 Movie Social—L	24 National Compliment Day 9:00 Manicures—SR <u>10:00 Fitness Class—FC</u> 10:30 Ladies Hat Chat-SR 1:00 Wii Bowling—L 2:00 Compliment Social—L 3:00 Dime Game Bingo —BH 4:15 Fun Facts—L	25 Happy Birthday Betty C. <u>10:00 Fitness Class—FC</u> 10:30 Craft Class—AS 1:30 Dessert Creations—C 2:15 Trivia —L 3:00 Happy Hour w/ Richie Blue—L 5:30 Movie Social—L	26 <u>10:00 Fitness Class—FC</u> <u>10:30 Casa Corona Lunch Outing</u> 2:00 Bingo—BH 3:15 Cottonwood's Ice Cream Parlor —L <u>3:45 Men's Club—VH</u>	27 10:00 Coffee and News —L <u>10:30 Fitness Class—L</u> 1:00 Wii Bowling—L 1:30 Saturday Matinee—L 2:00 Bingo—BH
28 9:00 Hymns- MV 9:30 Worship—MV 9:30 Catholic Communion—SR <u>10:30 Fitness Class—FC</u> 11:00 Craft—AS 1:30 Sunday Matinee—L 2:00 Bingo—BH	29 National Puzzle Day 9:00 Manicures—SR <u>10:00 Fitness Class—FC</u> 10:45 Armchair Travel—L 1:00 Puzzle Race—L 1:30 Art Class—AS 2:00 Walking Club—L 3:00 Bingo-BH	30 <u>10:00 Fitness Class—FC</u> 10:45 Trivia—L 1:30 Knotty Krafters—L 2:00 Bingo—BH 3:00 Card Club—C 3:30 Brain Teasers—L 5:30 Movie Social—L	31 National Backwards Day 9:00 Manicures—SR 10:00 Fitness Class—FC 10:30 Book Club—LB 1:00 Wii Bowling 2:00 Mad Libs—L 3:00 Dime Game Bingo —BH 4:15 Fun Facts—L			

Cottonwood Court
 would like to wish our residents a

Very Happy Birthday!

Lois H.—January 11

Jean H.—January 14

Flora M.—January 19

Herman S.—January 21

Betty C.—January 25



January 2018

Events & Outings

January 1

New Year's Social

January 2

National Hero's Day

January 3

Shopping At Rite Aid

Resident Council

January 4

National Trivia Day

January 5

Chili's Lunch Outing

January 8

Thank You Cards to

Law Enforcement

January 10

Dining Forum

January 12

Red Robin Lunch Outing

January 15

Hat Craft and Contest

January 17

Family Forum

January 18

Cottonwood Court Meet & Greet
 the Team

January 19

National Popcorn Day

Shopping at Dollar Tree/ CVS

January 24

Compliment Social

January 26

Casa Corona Lunch Outing

January 29

Puzzle Race

January 31

National Backwards Day

This Month

Monday

Armchair Travel

Tuesday

Knotty Krafters

Wednesday

Wii Bowling

Thursday

Dessert Creations

Happy Hour

Friday

Lunch Outings

Cottonwood's Ice Cream Parlor
 Men's Club: 2nd & 4th Week



December Winner for the
 \$25 Gift Card to CVS! Gwen C.

Club Life drawing Winner Manny C.
 \$100 Gift Card to Red Lobster!

This month you could be the lucky winner!

All you need to do is join an activity, for every activity you participate in, your name is entered into the drawing for a \$100 gift card.

Attend Cottonwood's Family Forum meeting and you are automatically entered to win a \$25 gift card.

The next drawing will be held on January 17th in the Lobby at 2:00pm.

Please Join us.

Cottonwood Court Senior Living

7442 N Millbrook Ave, Fresno, CA 93720