

DECEMBER 2017

Assisted Living Life Enrichment Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|--|---|---|
| <p><u>31 New Year's Eve</u></p> <p><u>New Year's Eve Lunch</u></p> <p>9:00 Hymns- MV 9:30 Worship— MV 9:30 Catholic Communion— SR 10:30 <u>Fitness Class—FC</u> 11:00 <u>Knitting Club—SR</u> 1:30 <u>Sunday Matinee—L</u></p> | |  | | | <p>1 <u>Donut Social</u> 10:00 <u>Fitness Class—FC</u> 10:30 <u>Lunch @ Tahoe Joe's—L</u> 1:00 <u>Bible Study—LB</u> 2:00 <u>Bingo—BH</u> 3:00 <u>Cottonwood's Ice Cream Parlor</u> 4:00 <u>This Week in History—L</u></p> | <p>2</p> <p>10:00 <u>Coffee and News—L</u> 10:30 <u>Trivia—L</u> 1:00 <u>Wii Bowling—L</u> 1:30 <u>Saturday Matinee-L</u> 2:00 <u>Bingo—BH</u></p> |
| <p>3</p> <p>9:00 Hymns- MV 9:30 Worship— MV 9:30 Catholic Communion— SR 10:30 <u>Fitness Class—FC</u> 11:00 <u>Knitting Club—SR</u> 1:30 <u>Sunday Matinee—L</u> 2:00 <u>Bingo—BH</u></p> | <p>4</p> <p>9:00 <u>Manicures—SR</u> 10:00 <u>Fitness Class—FC</u> 10:45 <u>Flower Pens—L</u> 1:15 <u>Art Class —L</u> 2:00 <u>Walking Club—L</u> 3:00 <u>Bingo-BH</u> 5:30 <u>Christmas Movie-L</u></p> | <p>5</p> <p>10:00 <u>Fitness Class—FC</u> 10:30 <u>Tree Decorating—L</u> 1:30 <u>Knotty Krafters—L</u> 2:00 <u>Bingo—BH</u> 3:00 <u>Card Club—C</u> 3:00 <u>Music by Roger Perry—L</u> 5:30 <u>Movie Social—L</u></p> | <p>6</p> <p>9:00 <u>Manicures—SR</u> 10:00 <u>Fitness Class—FC</u> 10:30 <u>Trivia—L</u> 1:00 <u>Wii Bowling—L</u> 2:00 <u>Resident Council-L</u> 3:00 <u>Dime Game Bingo—BH</u></p> | <p>7</p> <p>10:00 <u>Fitness Class—FC</u> 10:30 <u>Gingerbread Houses—C</u> 1:30 <u>Dessert Creations—C</u> 2:00 <u>Pet Therapy-L</u> 3:00 <u>Happy Hour w/ Miles Clark —L</u> 5:30 <u>Movie Social —L</u></p> | <p>8</p> <p>10:00 <u>Fitness Class—FC</u> 10:30 <u>Trivia—L</u> 1:00 <u>Bible Study —LB</u> 2:00 <u>Bingo—BH</u> 3:00 <u>Music by Rich Jackson-L</u> 3:00 <u>Cottonwood's Ice Cream Parlor —L</u> 4:00 <u>This Week in History—L</u> 5:30 <u>Christmas Movie-L</u></p> | <p>9</p> <p>10:00 <u>Coffee and News—L</u> 10:30 <u>Trivia—L</u> 1:00 <u>Wii Bowling—L</u> 1:30 <u>Saturday Matinee-L</u> 2:00 <u>Bingo—BH</u></p> |
| <p>10 <u>Happy Birthday Nick C.</u></p> <p>9:00 Hymns- MV 9:30 Worship— MV 9:30 Catholic Communion— SR 10:30 <u>Fitness Class—FC</u> 11:00 <u>Knitting Club—SR</u> 1:30 <u>Sunday Matinee—L</u> 2:00 <u>Bingo—BH</u></p> | <p>11</p> <p>9:00 <u>Manicures—SR</u> 10:00 <u>Fitness Class—FC</u> 10:45 <u>Name that Song—L</u> 1:15 <u>Art Class —L</u> 2:00 <u>Walking Club—L</u> 3:00 <u>Bingo-BH</u> 5:30 <u>Christmas Movie—L</u></p> | <p>12</p> <p>10:00 <u>Fitness Class—FC</u> 10:30 <u>Penny Auction—L</u> 1:30 <u>Knotty Krafters—L</u> 2:00 <u>Bingo—BH</u> 3:00 <u>Card Club—C</u> 5:30pm <u>Movie Social —L</u></p> | <p>13</p> <p>9:00 <u>Manicures—SR</u> 10:00 <u>Fitness Class—FC</u> 10:30 <u>Card's to Soldiers—L</u> 1:00 <u>Wii Bowling—L</u> 2:00 <u>Dining Forum—MV</u> 3:00 <u>Dime Game Bingo—BH</u> 5:30 <u>Christmas Movie-L</u></p> | <p>14</p> <p>10:00 <u>Fitness Class—FC</u> 10:30 <u>Christmas Wreath Craft—L</u> 1:00 <u>Children's Choir—L</u> 2:30 <u>Trivia—L</u> 3:00 <u>Happy Hour w/</u> 5:30 <u>Movie Social—L</u></p> | <p>15</p> <p>10:00 <u>Fitness Class—FC</u> 10:30 <u>Trivia—L</u> 1:00 <u>Bible Study—LB</u> 2:00 <u>Bingo-BH</u> 3:00 <u>Cottonwood's Ice Cream Parlor-L</u> 5:30 <u>Christmas Movie-L</u></p> | <p>16</p> <p>10:00 <u>Coffee and News —L</u> 10:30 <u>Trivia —L</u> 1:00 <u>Wii Bowling—L</u> 1:30 <u>Saturday Matinee-L</u> 2:00 <u>Bingo—BH</u></p> |
| <p>17 <u>Happy Birthday Raymond M.</u></p> <p>9:00 Hymns- MV 9:30 Worship— MV 9:30 Catholic Communion— SR 10:30 <u>Fitness Class—FC</u> 11:00 <u>Knitting Club—SR</u> 1:30 <u>Sunday Matinee—L</u> 2:00 <u>Bingo—BH</u></p> | <p>18 <u>Happy Birthday Robert P.</u></p> <p>9:00 <u>Manicures—SR</u> 10:00 <u>Fitness Class—FC</u> 10:30 <u>Resident Caroling—L</u> 1:15 <u>Art Class —L</u> 2:00 <u>Music by Richie Blue-L</u> 3:00 <u>Bingo-BH</u> 5:30 <u>Christmas Movie-L</u></p> | <p>19 <u>Happy Birthday Sylvia L.</u></p> <p>10:00 <u>Fitness Class—FC</u> 10:30 <u>Craft—AS</u> 1:30 <u>Knotty Krafters-L</u> 2:00 <u>Bingo—BH</u> 3:00 <u>Card Club—C</u> 4:00-6:00 <u>Holiday Party—L</u></p> | <p>20 <u>Happy Birthday Harry T.</u></p> <p>9:00 <u>Manicures—SR</u> 10:00 <u>Fitness Class—FC</u> 10:45 <u>Trivia—L</u> 1:00 <u>Wii Bowling—L</u> 2:00 <u>Family Forum—L</u> 3:00 <u>Bingo—BH</u> 5:30 <u>Christmas Movie-L</u></p> | <p>21</p> <p>9:00 <u>Manicures—SR</u> 10:00 <u>Fitness Class—FC</u> 10:30 <u>Crafters corner—AS</u> 2:00 <u>Pet Therapy-L</u> 3:00 <u>Happy Hour w/ JT & Sarah —L</u> 5:30 <u>Movie Social —L</u></p> | <p>22</p> <p>10:00 <u>Fitness Class—FC</u> 10:30 <u>Trivia—L</u> 2:00 <u>Bingo-BH</u> 3:00 <u>Music by No Strings-L</u> 3:00 <u>Cottonwood's Ice Cream Parlor—L</u> 4:00 <u>This Week in History—L</u> 5:30 <u>Christmas Movie-L</u></p> | <p>23</p> <p><u>Happy Birthday Delores M.</u></p> <p>10:00 <u>Coffee and News —L</u> 10:30 <u>Trivia —L</u> 1:00 <u>Wii Bowling—L</u> 1:30 <u>Saturday Matinee-L</u> 2:00 <u>Bingo—BH</u></p> |
| <p>24</p> <p>9:00 Hymns- MV 9:30 Worship— MV 9:30 Catholic Communion— SR 10:30 <u>Fitness Class—FC</u> 11:00 <u>Knitting Club—SR</u> 1:30 <u>Sunday Matinee—L</u> 2:00 <u>Bingo—BH</u></p> | <p>25 MERRY CHRISTMAS!</p> <p>Happy Birthday Carol R. Happy Birthday Robert H. 9:00 <u>Macys Day Parade—L</u> 11:00 <u>Christmas Trivia—L</u> 1:00 <u>Christmas Social—L</u> 1:30 <u>Christmas Movie—L</u></p>  | <p>26</p> <p>10:00 <u>Fitness Class—FC</u> 10:30 <u>Penny Auction—L</u> 1:30 <u>Knotty Krafters-L</u> 2:00 <u>Bingo—BH</u> 3:00 <u>Card Club—C</u> 3:30 <u>Crossword Puzzle—L</u> 5:30pm <u>Movie Social —L</u></p> | <p>27</p> <p>9:00 <u>Manicures—SR</u> 10:00 <u>Fitness Class—FC</u> 10:45 <u>Book Club —LB</u> 1:00 <u>Wii Bowling—L</u> 2:00 <u>Trivia—L</u> 3:00 <u>Bingo—BH</u> 5:30 <u>Movie Social—L</u></p> | <p>28</p> <p>10:00 <u>Fitness Class—FC</u> 10:30 <u>Crafter's Corner - L</u> 1:15 <u>Dessert Creations —C</u> 2:00 <u>Pet Therapy —L</u> 3:00 <u>Happy Hour w/ Susie Spadier—L</u> 5:30 <u>Movie Social—L</u></p> | <p>29</p> <p>10:00 <u>Fitness Class—FC</u> 10:30 <u>Trivia—L</u> 2:00 <u>Bingo-BH</u> 3:00 <u>Cottonwood's Ice Cream Parlor—L</u> 4:00 <u>This Week in History—L</u></p> | <p>30</p> <p>10:00 <u>Coffee and News—L</u> 10:30 <u>Trivia—L</u> 1:00 <u>Wii Bowling—L</u> 1:30 <u>Saturday Matinee—L</u> 2:00 <u>Bingo—BH</u></p> |

Cottonwood Court would like to wish our residents a Very Happy Birthday!



December 2017

MERRY CHRISTMAS!

Wednesday December 6th
Resident Council Meeting

Friday December 1
Lunch outing to Tahoe Joe's

Wednesday December 13th
Dining Forum Meeting

Tuesday December 19th
Holiday Party
4pm to 6pm

Wednesday December 20th
Family Forum Meeting



This month you could be the lucky winner!

All you need to do is join an activity, for every activity you participate in, your name is entered into the drawing for a \$100 gift card.

Attend Cottonwood's Family Forum meeting and you are automatically entered to win a \$25 gift card.

The next drawing will be held on Wednesday, December 20th at 2:00pm
 In the lobby.



Cottonwood Court Senior Living
 7442 N Millbrook Ave, Fresno, CA 93720